



**Center for Change Eating Disorders Conference for Professionals
January 28-29, 2011
Putting the Pieces Together...An Integrated Approach**

Friday, January 28th

- 7:00am – 8:00am Registration and breakfast
8:00am – 8:30am Welcome and Announcements – Tamara Noyes
8:30am – 10:00am *The Assessment and Treatment of Negative Body Image* – Nicole Hawkins, PhD
10:00am – 10:15am Break
10:15am – 11:45am *Myths, Misconceptions and Realities of the Registered Dietitian's Role in Eating Disorder Treatment* – Reba Sloan, RD
11:45am – 12:45pm Networking lunch
12:45pm – 2:15pm *Use of Medication in Eating Disorder Treatment – Strategies to Maximize Success* – Greg Ellis, MD
2:15pm – 2:30pm Break
2:30pm – 4:00pm *Don't Settle for Barely Recovered: Guiding Your Clients to Full Freedom From Their Eating Disorder* – Jenni Schaefer
4:00pm – 5:00pm Tour of Center for Change
7:00pm – 9:00pm Hosted dinner off-site

Saturday, January 29th

- 7:00am – 8:00am Registration and breakfast
7:15am – 7:45am Nia class (optional)
8:00am – 9:30am *Compassion Fatigue: The Stress of Caring Too Much* - Terry V. Eagan, MD
9:30am – 9:45am Break
9:45am – 11:15am *Clinical Application of Six Spiritual Pathways to Recovery from an Eating Disorder* – Michael E. Berrett, PhD
11:15am – 12:15pm Networking lunch
12:15pm – 1:45pm *Weight Pressures, Body Image Concerns and Eating Disorders in Athletes: Assessment and Treatment Strategies* – Justine Reel, PhD
1:45pm – 2:00pm Break
2:00pm – 4:00pm Key Note Speaker - *The Weight-Bearing Years: Eating Disorders and Body Image Despair in Adult Women* – Margo D. Maine, PhD
4:00pm – 4:15pm Break
4:15pm – 5:00pm Drum circle with the CFC music therapists
5:00pm – 5:15pm Closing Remarks – Michael E. Berrett, PhD

Sunday, January 30th

- (Optional) Skiing at Sundance Resort
(Transportation provided by Center for Change)